



Antora DeLong

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www.anotoradelong.com

Hair: Brown Eyes: Brown Height: 5'

Austin Theatre

<i>good friday</i>	Sophia	New Manifest Theatre	Simone Alexander
<i>Frankenstein</i>	Ensemble/Agnes	Different Stages	Norman Blumenstaadt
<i>Cyrano de Bergerac</i>	Ensemble/Sister Marthe	The Archive Theater	Jennifer Rose Davis

Chicago Theatre

<i>Prometheus Bound</i>	Puppeteer	City Lit Theater	Terry McCabe
<i>Sweet Sixteen Extravaganza!!*</i>	Harmony	Blue Goose Theatre	Spencer Diedrick
<i>Getting Old Sux*</i>	Core Ensemble	Chicago Danztheatre	Scott Dare & Michele Stine
<i>Wise Women and Witches*</i>	Core Ensemble	Lab@Piven	Susan Applebaum
<i>To the Lighthouse*</i>	Prue/Nancy/Cam	Lab@Piven	Stephen Fedo
<i>Peter and the Wolf*</i>	Peter	Od Theatre	Micah Figueroa
<i>Dead Man Walking</i>	U/S Hope	Piven Theatre	Mikalina Rabinsky
<i>The White Dove*</i>	The Girl	Lab@Piven	Joyce Piven
<i>Romeo and Juliet</i>	U/S Juliet (Performed)	(re)discover theatre	Janet Howe & Matt Wills
<i>Maya's Last Poem*</i>	Petra	Fleetwood-Jourdain	Tim Rhoze
<i>Ricky the Termite*</i>	Hailee	Whiskey Radio Hour	Jesse Roth
<i>The Devil's Cabaret*</i>	Core Ensemble	Redmoon Theater	Frank Maugeri
<i>A Cabin in the Woods*</i>	Puppeteer	2nd Floor Rear	Will Bishop
<i>Twain's World*</i>	Ensemble/Puppeteer	First Floor Theater	Will Bishop
<i>Distance to the Moon*</i>	The Captain's Wife	First Floor Theater	Jesse Roth
<i>Exploring Moby Dick*</i>	Pip, Chorus of Women	Lookingglass Theatre	David Catlin

Film

<i>Side Effects</i>	Featured dancer/aerialist	Student Film	Nicki Porter
<i>What I Want.</i>	Lead	Squared Media	Eldridge Shannon
<i>Lifeguards</i>	Lead	Faces of Evanston	Matthew Zellner

Training

Coldtowne Theater, Austin

Improv, Levels 1-3: Tauri Laws-Phillips, Kristin Henn, Arthur Simon

Piven Theatre Workshop, Chicago

Scene Study: Joyce Piven, Joanne Underwood, Ryan Kitley / Improvisation: Jennifer Green, Mikalina Rabinsky

Viewpoints: Robin Chaplik / On-Camera Audition Technique: Catherine Lynch

Northwestern University: Bachelor of Arts in Theatre

Acting: Mary Poole, David Catlin / Movement: David Catlin, Kyla Katz, Tommy Rapley

Special Skills

Dance Training: Ballet, Modern, Jazz, Pointe experience / Devising: movement- and text-based

Intermediate lyra, silks, and trapeze (Actors Gymnasium, Aerial Dance Chicago)

Extensive Object-based theatre, Interactive Theatre, & Theatre for Young Audiences experience